



Section V Cross Country Hall of Fame

Inductees:

Class of 2001

Bob Bradley: Coach; McQuaid Jesuit High School; 10 Section V Championships; 2 NYS Championships; 43+ years. Director of the McQuaid Cross Country Invitational for more than four decades. NHSACA Coach-of-the-Year finalist in 1983 and 1987.

Beth Dwyer: Athlete; Fairport High School; First NYS champion for Section V in 1978, and Section V Class A Champion in 1978 for Paul Beicke; ran cross country at Auburn University

Rick Guido: Coach; Fairport & Rush-Henrietta High Schools; 7 boys and 2 girls Section V Championships; 2 Federation Champions; one NYS Champion; 2 Footlocker Finalist and one Nike Individual Finalist—the first Footlocker and Nike Finalists from Section V; 25 years; NYS Honor Award in 1981; 1st on All Time NYS Cross County list of league wins for boys; five-time NHSACA NYS Coach-of-the-Year; NHSACA Coach-of-the-Year Finalist in 2000.

John Horkheimer: Athlete; Pittsford Mendon High School; 1988 NYS Class A Champion for Tom Cole; Federation Champion in 1987; 2-time Footlocker Finalist, 5th & 13th in 1987 & 1988.

Anita Kelly: Athlete; Rush-Henrietta High School; All American, 1st Footlocker Finalist from Section V in 1980; Class A Section V Champion in 1979-81 for Rick Guido; 2-time Federation Champion; NCAA Scholar Athlete of-the-Year at Northwestern University in 1986.

Dick Kishlar: Coach; Greece Arcadia High School; 7 Section V Championships; 3 NYS Championships; 10 years.

Pete Pfitzinger: Athlete; Pittsford High School; New Zealand Olympic Sport Science Director; Section V Class B Champion 1973-74 for Gary McComber; 2-time U.S. Olympian in 1984 & 88. Ran for Jack Warner at Cornell University.

Stacy Prey-Barkstrom: Athlete; Brighton High School All American; Section V Class A Champion in 1984; NYS Class A Champion in 1984; Led Brighton to the NYS Class A Championship in 1984; 3rd in Footlocker Finals for Dave McLoughlin in 1984; Three time NCAA All American at Penn State under Terry Jordan.

John Tuttle: Athlete; Alfred-Almond High School--ran for Ernie Moore; All American, Auburn University; Section V and NYS Class C Champion 1975-76; U.S. Olympian in 1984.

Deresa Walters: Athlete; East & Penfield High Schools--ran for Dave Hennessey and Betty Rich respectively; three time All American and 3-time Footlocker Finalist; NYS Class A Champion in 1986; Section V Champion 1986-89.

Mike Woods: Coach; York High School; 10 boys and girls Section V Championships; National Consecutive win streak, 107 league wins in the U.S.A; SUNYAC Coach-of-the-Year numerous times & Numerous College Division III All Americans @ SUNY Geneseo; and National Coach-of-the-Year in 2005 when Geneseo won the DIII Woman's NCAA Cross Country Championship.

Class of 2002

Julie Donnelly: Athlete; Waterloo High School; NYS Class B champion in 1992; Division III All American on Dr. Jack Daniels' SUNY Cortland's NCAA, DIII Cross Country team champion.

Bernie Gardner: Coach; Honeoye Falls-Lima High School; 9 boys 9 girls Section V Class B Championships; 8 NYS Class B Team Champions; 19 years; NYS record of 7 consecutive NYS Championships; NHSACA Coach-of-the-Year Finalist in 2002 & 2004.

Rachel Hosmer: Athlete; Brighton High School; Footlocker Finalist in 1985--ran for Dave McLoughlin; top ten finish in NYS Class A in 1984, 85, & 86.

Charlie McMullen: Athlete; Spencerport High School; NYS Class B Champion in 1968; All American at University of Missouri. Many time USATF National Masters Champion.

Jerry McQueen: Athlete; Rush-Henrietta High School; First Section V NYS Class A Champion in 1976--ran for Rick Guido; Class A Section V Champion in 1976; finished 26th in Division I NCAA Championships for SW Missouri State University.

Ernie Moore: Administrator; Alfred-Almond High School; 7 Section V Cross Country Championships; 15 years as Section V Coordinator; 1970 NYS Honor Award; 1977 District I Coach-of-the-Year.

Nate Ruder: Athlete; Fairport High School; Section V Class A Champion in 1989-90--ran for Rick Guido; McQuaid Invitational Seeded AAA race champion; Footlocker Finalist in 1990; High School All American; College IC4A Champion at Notre Dame University for Joe Paine. Nate is a science teacher in the Fairport School District.

Gary Thompson: Coach; Wayne, Rush-Henrietta & Victor High Schools; 18 boys/girls Section V Class B Championships; 35+ years; #2 NYS Cross Country list 640 league wins combined boys/girls.

Heather (Swarts) Webster: Athlete; Dansville High School; Section V Class B Champion and Class B NYS Champion in 1989; Division III College All American and NCAA Champion for Dr. Jack Daniels at SUNY Cortland; 4-time NCAA Division III Team Champion.

Matt Wilkins: Athlete; Pittsford Sutherland High School; Class A Section V and NYS Class A champion in 1991--ran for Tom Cole; Footlocker Finalist in 1991; ran for the College of William and Mary.

Class of 2003

Joe Matias: Athlete; Newark High School; Section V Class B Sectional Champion in 1995; Footlocker Finalist in 1995--ran for Dale Ladd.

Carl Mauro: Athlete; Hornell High School; Class B Sectional Champion in 1992, 93 & 94; Footlocker Finalist in 1994. Ran for Ray Tracey at Providence College.

Andrew Whitbeck: Athlete; East Rochester High School; Class D Sectional Champion in 2001 & 2002 --ran for Win Hatt; NYS Class D Champion in 2001; Class C NYS Champion in 2002--ran for John Izzo while at the University of Rochester.

Class of 2004

Win Hatt: Coach; East Rochester High School for more than two decades; 18 Class C & D Sectional Championships -- 15 boys & 3 girls; Boys Class D NYS Championship in 2001; 4 Division III Championships.

Dave Redding: Athlete; Dansville High School; NYS Federation Champion in 1984; Class B Section V Champion. An All American for Gary Moore at SUNY Alfred when they twice finished 3rd at the Division II NCAAJC National Championships in 1985-87.

Shannon Smith: Athlete; Fairport High School; Class A Section V Champion in 1996; 2nd team All Northeast--ran for Nancy Booth; 2-time Division I All American at Boston College; NCAA Champion; NCAA Scholar Athlete-of-the-Year at BC; USATF Junior National Cross Country Champion in 1997; USATF National Club Team Champion, BAA. While at Duke Law School,

Smith was a volunteer assistant to the Duke cross country team that qualified for the 2003 NCAA Division I Championships.

Grant Whitney: Athlete; Penfield High School; Section V Class A Champion in 1980 & 81 for Dave Hennessey; 1981 NYS Federation Champion; 3-time Division I All American for Jack Warner at Cornell University; U.S. Olympic Trials Qualifier.

Mike Wyckoff: Athlete; South Seneca High School; Class C NYS Champion in 1975 – fastest time of the day, all classes. Ran for Jack Warner at Cornell University.

Class of 2005

Beck, Jeff: Athlete; Fairport HS; Class A Sectional Champion in 1999; McQuaid Invitation Seeded AAA Race Champion; three-time NCAA All American, SUNY Geneseo, 2003-2004, 2005 (track); ran for Rick Guido at FHS and Mike Woods while at SUNY Geneseo. In 2005, Jeff was the assistant to Mike Woods when SUNY Geneseo women won the DIII NCAA Championships.

Bolt, Richard: Athlete; Harley Allendale Columbia HS; Class C Sectional Champion in 1985, 1986 and 1987, and Class C NYS Champion (fastest time of the day by twenty seconds) in 1987. Richard won the small-school race at the McQuaid Invitational three years and was a first team All Section V for three years. In 1985, Richard placed 5th in NYS Championships, 3rd in 1986 NYS championships – and ran for Sandy Foster while at HAC.

Gallina (Trawitz), Kim: Athlete; Fairport HS – ran for Nancy Booth; top seven finish in Class A NYS Championships in 1984, 1985 and 1986; placed 11th NE Footlocker Championships in 1986; was selected as the Athlete of the Year at Fairport High School, and was an Honorable Mention All American in her senior year in cross country. While at North Carolina State, Kim ran for Rollie Geiger when the team won the ACC Championships all four years. Kim teaches at Victor and has coached cross country for seven years, one year as head coach, varsity Indoor Track (head coach) and modified track for seven years. Kim also has published a children's book.

Irland, Bill: Athlete; Waterloo HS: Section V Champion in 1945; A.A.U. National Team champion, 1949; NCAA Team Champion (Captain), Syracuse, and DI All American, 1951.

Izzo, John: Coach Brockport HS; 3 Section V Class B Championships; Coached 1st Monroe County Girls team, 1968; coached 24 years; a record 60 consecutive wins. John had coaching stints at SUNY Brockport and is presently at the University of Rochester

Kendrick, Eric: Athlete; McQuaid Jesuit HS - ran for Bob Bradley: Won the 1965 “Grand Slam of Upstate Invitationals”; 3-time Diocesan champ & Jesuit champ; beat Dick Buerkle in 1964.

Meyer (Reeser), Todd: Athlete; Palmyra Macedon HS; 2nd in NYS Class B Championships, 1991; DIII All American, U of R, and ran for Tim Hale; qualified for US Olympic Trials in the marathon. USATF National Team Member in half marathon.

Smart, Tom: Coach; Penn Yan Academy; Coached for 34 years, 500 league wins, Seven Section V Class B Championships, 3rd place finish in '80 NYS Class Champs.

Uhl, Jim: Athlete; Wayland HS – ran for Rich Martello; Class B Section V Champion in 1988; Class B NYS Champion, 1988.

Class of 2006

Bagley, Scott: Athlete; East Rochester HS: Class C Sectional Champion in 1979 -80; 2nd place, 1979 NYS Championships; Class C Section V Champion, 9th place finish in Class C NYS Championships, 80; Twice USA Olympic Marathon qualifier in 1984 & 88. One of the top road racers for 20 years; six time winner of the Rochester marathon, 20 years apart.

Ball, Frank: Athlete; Corfu-Pembroke HS: Class C Sectional Champion beginning as an 8th grader in 1961, 62, 63, 64 (could not run as a senior because of the 4-year eligibility rule in place at the time)– the 1st four time Sectional V Champion in Section V history. Frank Ball never lost a league meet all through his high school running career.

Bartemus, Jennifer: Athlete; East Rochester HS: Class C 8th in 1995 NYS Championships; Class CC Section V Champion in 1996, 97, 98, 5th place finisher in NYS Championships in '96; 10th in 1998. Scholarship runner at St. Francis College in her freshman year; transferred to Canisius College where she consistently ran in their top seven for more two years; graduated from Canisius with a Bachelors in marketing and then also earned a BS degree from St. John Fisher College in nursing; Jen has continued to run local road races; and in the summer of 2006 went on a medical mission to Bolivia where she worked in a clinic that served the local community and surrounding villages.

Cole, Tom: Coach; Pittsford HS: Fifteen years coaching – 340 dual meet wins against 92 losses over that span with 2 Footlocker Finalists (2 NYS Class A Champions); 3 All Americans; two team Section V Class B Championships; 3 Monroe County Championships; 8 Divisional Championships. Coached Pete Pfitzinger, a 1984 & 1988 Olympic marathoner, in high school.

Coons, Jack: Athlete-Coach Canandaigua; Class A Cross Country Sectional Champion in 1956; Scholarship athlete at Syracuse and member of the frosh IC4A Cross country Championship team; transferred to Ithaca College and helped start the program there, placing 2nd in the NYS Division III Cross Country Championships; a charter member of GRTC in 1962, held track club records from the mile to the marathon, with a 2:22 marathon at Atlantic City, placed 21st and 29th in the Boston Marathon in 1963 and 64; long time successful coach at CCFL and Canandaigua Academy: beginning in 1983 to the present, has coached distance runners at Canandaigua Academy; while at CCFL, Jack Coons began the women's Cross Country program culminating its success with six academic and athletic All Americans and four Region III Championship teams, and was conference Coach-of-the-Year in 2003

Dodzweit Fournier, Amber: Athlete; Honeoye Falls-Lima HS: Led HFL to its first three Class B NYS Championship in 1998, 99, 2000; two time Class B Section V Champion in 1997-98; 10th in NYS Class B Championships in 1998—ran for Bernie Gardner.

Haupt Enos, Heather: Athlete; Williamson HS; Class CC Sectional Champ in 1992-93-94; 5th place finisher, Class C NYS Championships in 1992, 10th in 1993, 7th in 1994. Ran for Lou Duesing at Cornell University; won Heptagonal Games Coaches' Race in 1995 and 1997; 3rd place in 2007 USATF Trail National Championships Open Race; 3rd place in series, 2007 La Sportiva Front Range Frenzy Trail Series; 1st place in series, 2006 Eclectic Edge Trail Series.

Ladd, Dale: Coach-Administrator; highly successful coach at Newark, Marcus-Whitman and Rush-Henrietta HS with four Class B Section V Championships and numerous Class B Section V Champions including Lisa Hernandez, Joe Matias, the Class B Section V Champion, NYS Champion and Footlocker Finalist in 1995; Section V Boys Coordinator since 1982.

Sherry, Vince: Athlete; Victor HS: Class B Section V Champion in 1997, 9th in NYS Championships in 1996, 2nd in 1997; ran competitively at UNC at Charlotte; ran for Gary Thompson while at Victor.

Stemmer, Paul: Athlete; Penfield HS; Section V Class A Champion, 3rd place finish in Class A, NYS Championships; 1973; 4-time NCAA All American in cross country and Track & Field, 1978-83; USA Olympic Trials qualifier in 10,000m, 1976, 1980, 1084. Ran for Nike Athletics West, 5K to marathon distances, 1978-1983; Volunteer assistant coach at the University of South Alabama, helped coach numerous athletes achieve All American, conference, regional and individual NCAA championships in cross country, indoor track and outdoor track & field. nationally ranked college runner while at Penn State; ran for Terry Foley while at Penfield

Vandermolen, Jim: Athlete; Palmyra Macedon HS; Class B **NYS Champion**, 1977; attended University of Alabama, '79-80; CC of Finger Lakes, '79-80; SUNY Cortland, '80-83, All American in cross country and school record holder in 5K and 10K; assistant volunteer coach at Tully HS while his son ran, NYS championship Class C teams in 2004, 06 and Division II NYS championship 4 x 800m relays in 2004, 07.

Class of 2007:

Boyce, Gary: Coach; Churchville-Chili HS: Three-time Section V Class A Section V Champions with a 2nd, 3rd & 5th in NYS Championships; Brockport HS Class B Section V Champion in the middle 1960s.

Cobb, Dave: Athlete Rush-Henrietta HS: Class A Sectional Champion in 1972-73; in 1973 set six-course records in six league meets, a 15-place finish in NYS Championships. Ran for nationally ranked Allegheny Community College.

DeRusso, Katie: Athlete; Fairport HS: Class A Sectional Champion in 2002, 6th in NYS Championships; Class A Section Champion in 1989, Runner of the Year in Section V, 2nd in Foot-locker Frosh Race, NYS Frosh of the Year; a medallist all four years at the NYS Cross Country Championships; Top seven of the Notre Dame University team, which finished 4th in DI NCAA Championships.

Hildebrand, Sara: Athlete; Harley-Allendale-Columbia HS; Class C **NYS Champion** in 1997, 4th in '98, 8th in '01; Class C Section V Champion in '97, 98, 99, 00, 01 – five times Section V Class C Champion, a feat not equaled in Section V history.

Mott, John: Athlete; Pittsford Sutherland HS; Class B Sectional Champion, 1975, '76; 2nd in the NYS Class B Championships, 1975.

Class of 2008:

Beck, Jon: Athlete; Fairport HS; three-peat team champion, Class A Sectionals, '97-99, top ten at sectionals each year; 2nd, 3rd, 4th @ NYS Championships; **DIII All American**, SUNY Geneseo, 02. Volunteer assistant cross country coach at Fairport, 2001 and SUNY Geneseo 03.

Booth, Nancy: Coach; Fairport HS: 6 Class AA Championships; 9 Monroe County Coaches Invitational Championships; 11 Monroe County Division I Championships; 6 section V Coach-of-the-Year Awards; Monroe County Girls Chairman for many years; four individual Section V Champions (Kelly Chard, Nancy Heap, Carrie Cocca and Shannon Smith); League meet record of 207 wins and 4 losses from 1982 through 1995.

Hennessey, Dave: Coach; Penfield HS: **(still waiting for data ...)**

Kubeja, Lynn: Athlete; Honeoye Falls Lima HS: Class B Sectional Champion, 02-03; led HFL to its 5 & 6th consecutive NYS Class B Championship in 2002-03; two-Time Runner of the year –All Section V; All State selection, 3rd in NYS Championships in 02, 3rd in 03.

O'Brien, Belinda: Coach; Victor HS (and Fairport HS): Boys Class A Section V Champions, 2003, '04, '06; Girls Class A Section V Champions, 2004; NYS Class B Sectional V & State Champion, Kyle Heath, 2003; Class A Section V & NYS Champion, Zach Rivers, 2006; Zach Rivers, Section V Champion & Footlocker Finalist, 2007; Amy DeSeyn, Class B Section V Champion, 2004; Section V Coach-of-the-year, 2003 boys, 2004 (boys & girls) and 2006 boys; 242 league wins with the boys, and 235 with the girls through '07. GRTC Hall-of-Fame, 2008; 14 marathons, 1994 Wineglass Marathon Champion; two 50 milers, JFK and 50K Hat Run; three Empire State medals, one gold and two silver; two USATF Team Championships, 2002 & '03. Fairport assistant coach from 1997-2001.

Szczepanik, Mike: Coach-Athlete; Hilton HS & Fairport HS: Class A Sectional Champions in 2005; Class AA Sectional Champions in 06, 07; Monroe County Champions in 04, 05, 06, 07; Division I Champions in 04-07; **Nike Team National Champions in 2005; 2nd place in NTN Championships in 2006**; in 2004, 3rd in NYS Class A Championships, 2nd in 2004, 2nd in 2005-06; 6th in 2007; League record 157 wins and 39 losses; 83 consecutive league

wins from 04-07; Manhattan Invitational, Eastern States Championships, 2nd in 2005, 4th in 06; two Footlocker Finalists (Allison Sawyer and Caroline Schultz) in 06; NYS Class A Champion, Allison Sawyer, Fastest time of the day, and Section V Co R-O-Y in 06 & Ashley Jones in 04, Caroline Schultz in 05; 14 1st Team All Section V athletes; Section V Class A or AA Champions: Shannon Griggs (03), Ashley Jones (04), Amanda Griggs (05), Allison Sawyer (06), Sarah Ritchie (07); 6 Monroe County Champions; 4 time Section V Class A Coach-of-the-Year.

Class of 2010: